

Social Emotional Wellness

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Centering Health and Well-Being-Uplifting the Community-Encouraging Authenticity

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Cultural Identity & Emotional Wellness

- Design and implement initiatives that promote Black student identity development, self-awareness, and mental health
- Facilitate healing-centered, culturally relevant programming that addresses racial stress, historical trauma, and systemic barriers

Student Programs & Engagement

- Support the development of student affinity groups and peer-led wellness initiatives
- Establish safe, affirming spaces at the Center for students to build community and access wellness resources



Professional Development & Capacity Building

- Provide training and coaching for educators, counselors, and support staff on culturally responsive mental health practices
- Offer workshops on trauma-informed care, restorative practices, and wellness strategies tailored for Black students

Family and Community Partnerships

- Build partnerships with culturally aligned mental health professionals, community organizations, and wellness practitioners
- Design family engagement opportunities that center emotional wellness, self-care, and culturally affirming parenting practices
- Organize events that support intergenerational healing and community wellness

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Related Flyers



(<https://resources.finalsite.net/images/v1772835276/lbusdk12caus/w03msnnzwkzu1oz6>)

Social and Emotional Wellness: Spring 2026

Click above images to view full flyer

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Contact Us



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Serving as Administrator of Social Emotional Wellness, Dr. Belvin will lead the development and implementation of culturally responsive practices that affirm Black students' identities and foster emotional well-being. This role centers on creating holistic support systems through identity-affirming programming, culturally responsive counseling, student wellness initiatives, and community engagement that prioritizes belonging, healing, and empowerment. will lead the development and implementation of culturally responsive practices that affirm Black students' identities and foster emotional well-being. This role centers on creating holistic support systems through identity-affirming programming, culturally responsive counseling, student wellness initiatives, and community engagement that prioritizes belonging, healing, and empowerment.

**English**